

1. The Canada Emergency Student Benefit (CESB) is available through Canada Revenue Agency (CRA)

- For post-secondary students (college, university) who don't qualify for the \$2,000 Canada Emergency Response Benefit (CERB) applies Employment Insurance and who are unable to work full-time due to COVID-19.
- Students and recent graduates can receive \$1,250 via the CESB from May through August 2020
- You apply for 4 weeks at a time
- Eligible students with dependents or disabilities will receive an additional \$750/month
- You must currently be enrolled to attend school in September or scheduled to graduate this spring
- If you are If you are working but earning less than \$1,000 per month you may still be eligible

Who is eligible

To get the CESB, **all of the following must apply to you:**

- You must be a Canadian citizen, a permanent resident, registered as an Indian under the Indian Act, or a protected person.
- You must have been enrolled in a post-secondary program between December 1, 2019, and August 31, 2020, or you must have graduated from high school in 2020 and have been accepted for a post-secondary program set to begin before February 1, 2021.
- You must be unable to work or unable to find work because of COVID-19 for the 4-week period you apply for the CESB.

How to apply

As per currently available information, you will be able to apply for the benefit through the Canada Revenue Agency (CRA)

- The application page is not yet open. You can expect the CRA website to be updated with details on how to apply in the coming days
- CRA My Account is the online service available via the Canada Revenue Agency's website where you can access your personal or business income tax information securely. If you do not have it set up, you may want to do so now
- Similar to the CERB, there may be options to also apply over the phone if you don't have an existing CRA MyAccount
- To apply, you'll have to attest, which means to promise, that you're looking for work. And the government will connect you with a government job bank.
- Payments be sent out via direct deposit or cheque by the Canada Revenue Agency

2. The Canada Student Service Grant (CSSG)

- Students who volunteer throughout the summer to help fight COVID-19 are eligible for grants between \$1,000 and \$5,000, depending on how many hours are worked

- More details will be made available on the I Want to Help platform over the coming weeks, including more detailed information about eligibility, the levels of funding available under the grant, how to apply for a national service position, and how applications will be assessed.

3. Canada Student Loan Program/Ontario Student Assistance Program for 2020-21

- For students with current loan repayments, you do not have to make payments and interest will not be added on your Ontario Student Assistance Program (OSAP) loan between March 30, 2020 and September 30, 2020.
- Students do not need to apply, can just stop making payments during this time
- Changes in eligibility requirements for student loans in 2020-21 will allow more students to qualify for supports and be eligible for greater amounts
- Students do not have to make an additional application; will be assessed through the regular application for student assistance

4. The Canada Summer Jobs Program

- Funds employer to hire young people between the ages of 15 and 30. Do not have to be a student to qualify
- Apply through the job bank website www.jobbank.gc.ca. This year, jobs may extend past summer, up to February 28, 2021.

5. COVID-19 Youth Fund

- For youth formerly in care of a Children's Aid Society
- Administered by Children's Aid Foundation of Canada
- Grants to help cover short-term and emergency needs, not on-going funding
- Currently on hold due to high numbers of applications
- People can go to <https://www.cafdn.org/for-youth/covid-19-youth-support-fund/> to sign up to be notified when they will be accepting applications again

6. Mental Health and Addictions Supports

- [BounceBack](#): A free, evidence-based cognitive behavioural therapy (CBT) program that offers guided mental health self-help supports for **adults and youth 15+** using workbooks, online videos and phone coaching. Call [1-866-345-0224](tel:1-866-345-0224).
- [Kids Help Phone](#): Children and youth **18 and younger** who need to talk to someone about their mental health can call [1-800-668-6868](tel:1-800-668-6868), for 24/7 phone and text support.
- [Good2Talk](#): A phone and texting service that offers confidential support to **post-secondary students**. Call [1-866-925-5454](tel:1-866-925-5454).